4-23

Dear Parent,

All children must bring 1 fruit duly cut in pieces for the fruit break. Teacher will not cut the fruit.

Kindly take note of following events and activities for the month of May 2023 and request you to send the child as per the occasion / celebration –

Theme of this month will be Health and Hygiene - Children will learn about the ways and importance of maintaining good health and hygiene by various role play acts, talk show and stories.

- **1 May Splash pool day** As children love to play in water, a child friendly splash pool for the blooming buds is ready for them to splash in summer season. Water play is more than just a fun. It helps developing the social skills and eradicating the water phobia (if any) in children. Please send following items with the child-
- a) One piece swimming costume for girls /swimming briefs for boys.
- b) Towel
- c) Undergarments
- d) A packet for keeping wet clothes
- e) Bathroom slippers . Please ensure that the items are properly labeled.
- **3 May Outdoor visit to Reliance fresh mall** Children will learn about the healthy fruits, vegetables, food items by visiting a nearby Reliance fresh. Kindly grant your permission so that necessary arrangements can be made.

8 May – Kitchenette Activity – Sprout salad making – Class teacher will teach the benefits
and ways to make healthy sprout salad with the help of fresh vegetables like cucumber, tomato,
onion etc. You can send any one vegetable of the choice of your child.

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Ι	father / mother of		class

Would like to grant my permission to Vidya Sanskar School to take my child at Reliance fresh on 3 May on Educational tour.

Sign of Parent	Name: